The Great Trossachs Path stretches across The Great Trossachs Forest, a massive conservation restoration project in the very heart of the Loch Lomond and the Trossachs National Park.

The path network in The Great Trossachs Forest National Nature Reserve enables you to discover the artistic heritage of the area, sparkling loch shores, mountains and ancient woodland and ancient forest trails.

There is something for everyone to enjoy with many short easy trails connected to the main path offering stunning viewpoints, picnic areas and parking throughout. Every section of The Great Trossachs Path has its own unique character and this leaflet shows some of the more gentle walking options if you’re taking young children and the latest shows you some of the more gentle walking options.

Choose from lots of gentle options to make your walks as easy as possible for you and your party. Some walks can be wheelchair accessible, so check what is available before setting out. Some walks may not be suitable for everyone as not all are fully wheelchair accessible. Details of the main obstacles are provided in each walk description.

\section*{Essential Information}

- Baby changing facilities
- Disabled toilet
- Disabled parking

These facilities have varied opening hours:

- Glen Finglas Visitor Gateway, Lendrick Hill car park, near Brig o’ Turk, Woodland Trust Scotland.
- Inversnaid Visitor Gateway, Inversnaid car park, RSPB Scotland.
- The Lodge Forest Visitor Centre, Aberfoyle, Forestry Commission Scotland.
- Trossachs Pier, Loch Katrine.
- Inversnaid Pier, Loch Lomond.
- Callander Meadows car park (disabled toilet at nearby Station Road car park)

Cafés in the area:
There are cafés on the Loch Venachar Shore, Brig o’ Turk, Trossachs Pier, Stronachlachar Pier and Inversnaid and Callander.

See more walks at www.thegreattrossachsforest.co.uk

The Great Trossachs App is free to download and provides more information about the special qualities of each route. Available on Android and IOS, the GPS function will help you navigate around the paths within The Great Trossachs Forest.

Also look out for the following leaflets:
- Cycling The Great Trossachs Path
- The Great Trossachs Path
- The Glen Finglas Play Trail
- The Art & Literature Trail
- Explore Glen Finglas
- RSPB Scotland Inversnaid nature reserve
- Loch Katrine trails
- Queen Elizabeth Forest Park.

Supported by BP through the Scottish Forest Alliance

Gentle Walks in The Great Trossachs Forest
Welcome to The Great Trossachs Forest National Nature Reserve

The Great Trossachs Path – Old Military Road
6km (one way) / 2.5 hours
RSPB Scotland Garrison car park

This stunning lochside route can be walked in either direction. Undulating for most of the route, this section of The Great Trossachs Path is challenging due to both its distance and for the duration of the steeper slopes.

UP FOR THE CHALLENGE

GENTLE WALKS

Inversnaid Upland Trail
800m (one way) / 30mins
RSPB Scotland Garrison car park

There are lovely mountain views along this gentle uphill walk to a restored sheep fank (an excellent picnic spot). This is a gravel, uneven 4x4 track, with a moderate slope and some muddy sections.

The Great Trossachs Path – Brig o’ Turk to Loch Achray
2km (one way) / 1 hour
Leaving the picturesque village of Brig o’ Turk, walk as little or as much as you like along the shore of Loch Achray. This section of The Great Trossachs Path is mostly on a flat, firm gravel track, with a slight slope at the bridge, and it is likely to be muddy through the farm in wet weather.

The Great Trossachs Path – Brig o’ Turk
1km (one way) / 30 mins
Lendrick Hill car park

Leading to the exceptionally pretty and historic Brig o’ Turk village, this route is along a firm gravel track with a short board walk section. Cross at the road junction and follow the Great Trossachs Path to Brig o’ Turk. Return via the same route.

UP FOR THE CHALLENGE

VERY GENTLE WALKS

Little Drum Wood
(Internal Play & Sculpture Trail)
1.5km / 45 mins
Lendrick Hill car park

Discover the natural play features and sculptures along this trail (children’s activity leaflet accompanies). The path is a firm, gravel track with a road crossing and some steps. There are three short but steep slopes along this route.

The Great Trossachs Path – Callander to Samson’s Stone
3km (one way) / 1.5 hours
Callander Meadows car park

Following the tarmac NCN7 this part of The Great Trossachs Path from Callander offers a lovely walk to the base of the hill and a great view of Samson’s Stone. After the road crossing and gate, the track becomes a firm gravel track with some short moderate slopes within the newly regenerating woodland.

The Great Trossachs Path – Brig o’ Turk
1km (one way) / 30 mins
Lendrick Hill car park

Leading to the exceptionally pretty and historic Brig o’ Turk village, this route is along a firm gravel track with a short board walk section. Cross at the road junction and follow the Great Trossachs Path to Brig o’ Turk. Return via the same route.

The Great Trossachs Path – Brenachoile Trail
3.4km (one way) / 1hr 45mins
Trossachs Pier car park

The perfect walk for a great day out. An easy low level route on a quiet tarmac road with spectacular loch and mountain views, ending at a great spot for a picnic. Learn about Loch Katrine’s fascinating history along the way.

Ruskin Viewpoint
500m (one way) / 30 mins
Dam Road car park

This short walk along a quiet tarmac road with a slight incline leads to the site where Ruskin’s portrait was famously painted in 1853. A small moderately steep gravel slope leads down to the viewpoint. For a longer walk, start in Brig o’ Turk village.

Inversnaid Upland Trail
800m (one way) / 30mins
RSPB Scotland Garrison car park

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UP FOR THE CHALLENGE

Very Gentle Walks

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(Internal Play & Sculpture Trail)
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